

medicine. Western civilizations were introduced to the benefits of massage by Greek and Roman physicians. The Chi Machine® blends the ancient arts with modern technology for a unique experience. The Chi Machine® maximizes the movement of the body which helps to provide prompt temporary relief. Fatigue or excess physical exertion can generally lead to minor muscular aches, pains and tension. The Chi Machine® supports temporary relief from these conditions without creating undue stress to bodily structures or additional muscular overexertion. Because the massage generated by The Chi Machine® is performed while you are reclining and relaxed, with weight removed from the spine, you will immediately notice a sense of extreme comfort. The Chi Machine® has gained an excellent reputation for its solid construction and outstanding benefits. Unlike many types of medical devices, The Chi Machine® is easy to use.

Additional features

More features of the new SDM-888 The Chi Machine® include:

- 1.Improved noise insulation- A noise absorbing cushion is added inside to effectively damper the sound level.
- 2.Durability improvement- Additional stability has been added to the footrest to increase durability and sturdiness.
- 3.With the upgraded material used, The Chi Machine® SDM-888 has a smoother and quieter movement.
- 4.A stronger base and construction allows

people of all sizes to enjoy the pleasure of The Chi Machine®.

- 5.The new fully enclosed design of the motor provides better protection during shipping and transportation. The electrically insulated design of the entire machine ensures the highest safety standard.

The Chi Machine®

SDM888

A product that blends the ancient arts with modern technology for a unique and therapeutic experience.



No.1 Selling Chi Machine In The World

The benefits of a therapeutic massager

- Temporarily relieves minor muscle aches, pains and tension caused by fatigue or overexertion.
- Locally relaxes muscles.

History

The Chi Machine® Therapeutic Massager is the culmination of 38 years of research and development by Dr. Shizuo Inoue, a medical visionary and the developer of the world renowned Chi Machine.

The Chi Machine® Therapeutic Massager helps virtually anyone locally relax muscles with little or no conscious effort. Simply recline your body, facing the ceiling, with both feet placed in the specially designed footrest. The Chi Machine® rocks the entire body from side to side in a gentle undulating motion.

The patented precision design of this innovative medical device utilizes optimum body positioning to achieve the ultimate in local muscle relaxation. This design also provides temporary relief from minor muscular

aches due to overexertion. Dr. Inoue spent decades researching the relationship between body movement and minor muscular pain and tension caused by fatigue or overexertion. He was inspired by watching goldfish swim. Dr. Inoue theorized that perhaps the steady undulating movement causes a massaging effect upon the body of the fish. He wondered whether the same effect would be achieved, if humans were able to imitate the movements of a fish. Engineers took his basic concept and created the technical design for The Chi Machine®.

“The pattern of motion that the machine generates in the human body uses minimum effort and achieves maximum results,” says Dr. Inoue. “It relaxes muscles locally, temporarily increases our comfort, adds temporary relief to minor tension in muscles from fatigue or overexertion. It can also increase our sense of comfort, through the temporary relief of minor muscle pain and aches, due to fatigue or overexertion.”

How do I use my Chi Machine?

Place the machine on the floor. Lie on your back and place your ankles in the grooves of the footrest on top of the machine. Set the timer switch to activate the machine for the number of minutes you desire. First time users should start with 2-5 minutes.

The footrest will begin to move back and forth, carrying your feet briskly from side to side. This movement will carry up through your legs and torso, throughout your entire body, causing you to undulate back and forth exactly, like a fish swimming in water!

All you have to do now is relax and breathe deeply, letting The Chi Machine® rock you gently but firmly

for a maximum of 15 minutes. When the time is up and the machine stops, remain lying down for another two to five minutes, relaxing and breathing deeply, enjoying the remarkable comfort and feelings of relief. Although The Chi Machine® is an effective and safe method of massage therapy, its use is NOT advised in the following situations without prior medical advice: during pregnancy; within three months of having had major surgery or bone fracture; if suffering from serious heart disease, or a serious infection; if suffering from any bleeding injury, or if suffering from epilepsy. Additionally, the Therapeutic Massager should not be used within 30 minutes after eating a meal. If, while using The Chi Machine®, any new or increasingly severe pain occurs, discontinue use of The Chi Machine® and consult your physician.

The Mid Position



The Goldfish Position



The Stretched Back Position



Features & Benefits

Massage is the manipulation of soft tissue, for the purpose of increasing overall comfort, by temporarily relieving minor muscular pain and discomfort. The first records of massage date back 3000 years to early Chinese folk

